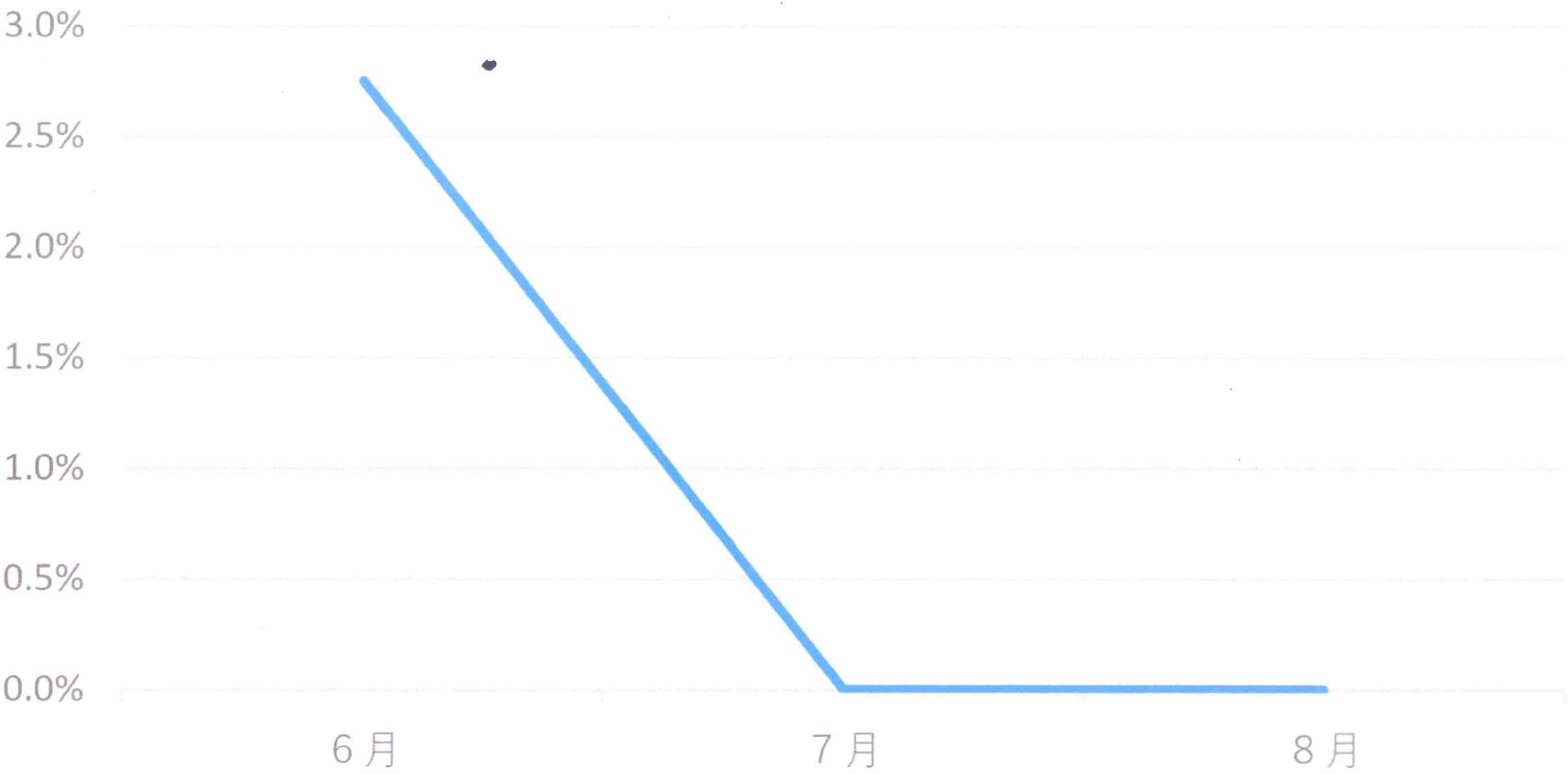令和８年　身体的拘束 実施割合